

# The Michael Pryce and Christine Goodfellow Memorial Time Trial

promoted by **The North Lancashire Road Club**

for and on the behalf of The Cycling Time Trials under their Rules And Regulations.

**Saturday 30th March 2024 at 8.00 hrs on Course L101**

Timekeepers: Messrs Terry Parker & Pete Briscoe

Organiser: Terry Parker, 4 Hindle Fold Lane, Gt. Harwood, BB6 7PT Tel: 07791555823

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**Course Details:** Start approximately 700yds north of the traffic lights on the Garstang by-pass, at a point in the cycle lane on the A6, directly opposite lamppost number 423. Proceed north along the A6 then encircle the traffic island at Hampson Green (4.87miles). Retrace the route along the A6 past the starting point. Finish at the lamppost number 411 on the east side of the road 215 yards north of the traffic lights. (10 miles).

EVENT HQ: The Headquarters for the event is Catterall Village Hall, PR3 0HD. Open from 06.45hrs. This is located on the B6434 1 mile south of Garstang, Please note that parking is limited and with a height restriction. There is additional parking on Catterall Gates 50 yards south of the HQ, on Cockerham Road from the traffic lights or on the main car parks in Garstang where parking charges may apply.

Note: The event HQ is 2.2 miles from the start. (allow 15minutes).

## CTT Regulation 14 Competitors Machine –

**ALL COMPETITORS** must have a **A WORKING FRONT WHITE LIGHT**, either flashing or constant that is illuminated, and **A WORKING REAR RED LIGHT** and **HELMET**

CTT Regulation17: Signing-on Sheet and Signing-Out Sheet:

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-On Sheet when collecting their number.
- (b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-out Sheet.

- **Local regulation No.2:** Motor vehicles must NOT be parked on the grass verges on the B5272 (Cockerham Road) west of the A6. Or within 100 yards of the traffic lights. There-after parking is only ALLOWED on the SOUTH side of the road.

- **Local Regulation No.5:** During the event, warming up on the course is not permitted.

Competitors must not ride past the timekeeper, except when actually competing.

- **Local Regulation No.6:** Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.
- **Local Reg No 9.** No parking on the A6 except in a designated lay-by.
- **Local Regulation No.16:** For events on the course L101 competitors waiting for their start must keep off the A6 and use the adjacent cycle path without causing obstruction.
- Riders must give their numbers at the finish and elsewhere on the course if requested.

Riders must not stop on the A6 after passing the time-keeper as this is a clearway. (The clearway is from the south end of Garstang by-Pass to Hampson Green Roundabout).

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is in breach of regulations).

**Riders must NOT RIDE WITH THEIR HEAD DOWN.**

Advisory Note: Bad weather over the winter period may have resulted in deteriorated road conditions.

**Prize List Note: One rider on prize except for Team Prize.**

**FASTEST MAN:** £30 plus the Michael Pryce Memorial Trophy to be held for one year.

2<sup>nd</sup> fastest man: £25, 3<sup>rd</sup> £20, 4<sup>th</sup> £15.

**FASTEST LADY:** £30 Plus the Christine Goodfellow Memorial Trophy to be held for one year.

2<sup>nd</sup> Fastest Lady: £25 3<sup>rd</sup> £20, 4<sup>th</sup> £15.

**FASTEST YOUTH:** £10

**FASTEST TEAM OF 3:** £10 per rider

**FASTEST VETS:** 40-49 £10, 50-54 £10, 55-59 £10, 60-69 £10, 70+ £10

**The two Memorial Trophies will be presented at the HQ immediately after the completion of the event**

**NOTE: ALL CASH PRIZES will be paid by bank transfer. Winners should send their bank details to the organiser for payment.**

Have a safe and enjoyable event,

Terry